

## The Greatest Love

The Lenten Season is upon us. It is a time to simplify our lives in such a way to be closer to our Heavenly Father. In our complex world, there are many things that keep us busy, even distracted from living out Christ's teaching.

Of course, Lent is a time to reflect on Jesus' life. He gave his life for us out of great love. After his death and resurrection, Jesus sent the Holy Spirit to guide us. The Holy Spirit will help us to lead a life inspired by Jesus' great love for humanity.

In remembrance of Jesus' great love, why not practice the love that Jesus taught us? Instead of "giving something up" for Lent, why not practice one of the Beatitudes?

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Being poor in spirit, we recognize our need for God. We give him priority in our lives and are open to spiritual discovery.

"Blessed are the meek, for they will inherit the land." Being meek is having compassion and care for others. Meekness is having a receptive, open heart and recognizing each person as a child of God.

"Blessed are they who hunger and thirst for rightness, for they will be satisfied." When we hunger and thirst for righteousness, we seek and promote harmony. By working for justice on a personal and social level, we can love as Jesus taught.

Throughout this year, the Jordan Ministry Team has had the pleasure to work with a group of faith filled women, Núcleos de Vida Cristiana. We have journeyed together to understand more deeply the meaning and message of each Beatitude. Seeking to understand and practice these laws of love, help us to live more virtuously, in remembrance of Jesus great love for us. Lent gives us the opportunity not just to remember Jesus' love but to put it into practice.

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